



# Membership 55Plus Activity Centre Seniors Outreach Services

New  
 Renewal

Date \_\_\_\_\_

Name \_\_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_ Female Male  
First Name Initial Last Name mm dd yyyy

Address \_\_\_\_\_  
Street, Box No, RR#

City/Town \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone (H) \_\_\_\_\_ E-mail \_\_\_\_\_  
(Cell) \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_  
First Name Initial Last Name

Married/Partner \_\_\_\_\_ Single \_\_\_\_\_ Do you live alone? Yes No

### Please Read:

- A membership is required in order to participate in the Programs offered by 55+ and to vote at the Annual General Meeting.
- Providing your email address grants permission for Seniors Outreach Services to send newsletters and information to the member. You may request removal from our mailings at any time. Seniors Outreach Services protects its members through our privacy policy.
- It is recommended that you discuss any exercise program with your Doctor before you begin. SOS volunteers, staff, and board are not liable for any damages or injury of any type while participating in any activity. If you agree, please sign below.

"I have read, understood and completed this form. Any questions I had were answered to my full satisfaction."

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Cheque payable to L&A Seniors Outreach Services

E-transfer to programdirector@lasos.ca



Cash

	<u>1Year</u>
Single	\$35
Household	\$65

Memberships are valid April 1st to March 31st  
Memberships are prorated monthly

**Donations are appreciated.** A charitable donation receipt for income tax purposes will be provided.  
**Charitable Registration #119013316RP001**

L&A Seniors Outreach Services  
12 Richmond Park Drive  
Napanee, ON K7R2Z5

Tel: 613-354-6668 ext 110  
www.lasos.ca